# Family Agreement

## Parent(s) agree to the following...

- 1. I will provide you with food, housing and clothing.
- 2. I will listen to you without judgement when you need in a safe, comfortable and mutually respectful environment.
- 3. I will love you for the person that you are or you want to become and encourage you to reach your full potential.
- 4. I will never see you as a failure, especially when you fail.
- 5. I will hold high expectations for you by holding you accountable for your actions, words and choices by ensuring that you experience both privileges or consequences that match your actions, words and choices.

As your parent(s), I/we are committed to supporting you into adulthood by teaching you the skills needed to be a productive, independent, happy and healthy person.

Signature of parent

Signature of parent

### Teen agrees to the following...

- 1. I will be honest at all times, even when I may get in trouble for my actions.
- 2. I will take responsibility for my actions, words and choices.
- 3. I will be respectful to everyone at all times, especially at home.
- 4. I will do my chores without nagging on a timely basis.
- 5. I will apply myself to school and other activities I have committed to doing.
- 6. I will not drink or do drugs. If I feel unsafe or uncomfortable, I will call/text a parent for a ride home.
- 7. I will not threaten to harm myself or others.
- 8. I will have integrity by keeping my promises and being trustworthy.
- 9. When I am upset or confused, I will talk to a parent even if I think she/he may be angry.

As a teen, I understand that I still need your guidance while I learn to become an adult. In order to have a trusting and respectful relationship, I am committed to this agreement and will abide up the above statements.

Signature of teen



# Family Agreement

### Privileges, when teen as abided by the above...

In this section list agreed upon privileges.

## Consequences, when teen has not abided by the above...

In this section list agreed upon consequences.



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